



Mid-February 2023

Dear Friends of Switzerland,

We hope you are safe and well. This week, the Embassy is marking a special celebration: the third annual *Emna da la lingua rumantscha* (Romansh Language Week). Perhaps the least well-known of Switzerland's four national languages, Romansh is spoken mainly in the eastern canton of Graubünden and is the primary language of roughly 0.8% of the Swiss population. You can find out more about our Emna Rumantscha activities below, including the opportunity to watch a Romansh-language film, listen to a reading of the classic children's story *A Bell for Ursli*, learn some basic Romansh, join Chef Andreas Baselgia as he cooks up a traditional and delicious dish, and more. Stay tuned to our social media throughout the week for more exciting #EmnaRumantscha content!

Please continue to check our website, social media channels, and events calendar, where we are providing regular updates, for more cultural content. Have you found something we're missing? What would you like to see more of? Let us know—we would love to hear from you.

We hope you continue to enjoy, stay safe, & stay healthy!

Film

<u>Swiss Film Club:</u> <u>Hide and Seek</u>

Available to stream: February 23-27, 2023 Discussion to follow

You're invited to join the Embassy for the February installment of our 2023 Swiss Film Club, featuring *Hide and Seek (Amur Senza Fin)*, in honor of the Romansh Language Week! The film tells the story of Mona and Gieri, whose relationship has lost its spark after 20 years of marriage. Deciding she wants to rekindle the flame, Mona seeks help from Nanda Sharma, the village's new pastor. But instead of



giving her the sort of pastoral advice befitting a man of the cloth, the pastor encourages her to employ worldly means and practice the arts of love, sending the whole village into turmoil. Stay tuned for details of the film discussion to follow!



Source: House of Switzerland

Music <u>"La Sera Sper II Lag"</u> Digital Content

Music can be a powerful tool for language learning, so we hope you enjoy the Romansh tune "La Sera Sper II Lag" ("The Evening at the Lake"), the anthem of the Romansh-speaking part of Switzerland! In addition to the music, you'll be swept up in the beautiful scenery of the region, which serves as a backdrop to this music video.

Listen to the song here.



Source: Orell Füssli



Story-lovers of all ages will enjoy the tale of *A Bell for Ursli*. This Swiss children's classic by Selina Chönz, with illustrations by Alois Carigiet, was first published in 1945 and tells the story of Ursli, a young boy living in the Alps in the Canton of

Graubünden, and his exciting journey to retrieve his family's big cowbell from their summer cabin so he can triumphantly lead the spring festival procession in his village.

Cuisine <u>Maluns</u> (Adapted from Helvetic Kitchen)

The classic dish *Maluns* is made up of buttery potatoes served with apple or cranberry sauce and cheese. The history of *Maluns* is connected with the Marschlins Castle, near Landquart in canton Graubünden. It was at Marschlins that the first corn and potatoes in the canton were planted in the early 18th century and the dish became a way to



Source: Helvetic Kitchen

use up leftover boiled spuds. Make it on your own or follow along with chef Andreas Baselgia.

You will need:

| 2.2 lbs. | boiled potatoes |
|----------|-------------------------|
| 2.5 cups | flour |
| | knob of butter |
| | nutmeg, salt and pepper |

Directions:

1. Boil the potatoes until soft, then peel and grate. Mix them with the flour, nutmeg, salt, and pepper.

2. In a large frying pan, heat a big knob of butter. When it's sizzling, add the potatoes.

3. Using two wooden spoons, continue stirring and breaking up the potatoes until they are little golden nubs. If they start to stick, add a bit more butter. This can take up to 30 minutes.

4. Serve with apple or cranberry sauce and cheese.

Enjoy!





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