# SWIS SE FROM HOME



# Early October 2023

Dear Friends of Switzerland,

As the streets burst into color and the bakeries put out their apple – and pumpkin-flavored delicacies, we're excited to share a few events that will definitely give you a sweet taste of Swiss culture. If you're in the DMV, you can head to the Swiss Bakery to celebrate *Oktoberfest* and enjoy some beer and special Swiss treats. If you prefer to embark on a virtual journey, follow along as our colleagues in San Francisco celebrate the 20th anniversary of being Zurich's sister city. If you're feeling like more of a homebody this season, why not curl up with a delicious stew. Stay tuned as later this month we celebrate one of Switzerland's national languages, Italian, on the occasion of the *Settimana della lingua italiana*, or Week of Italian Language!

Please continue to check our website, social media channels, and events calendar, where we are providing regular updates, for more cultural content. Have you found something we're missing? What would you like to see more of? Let us know – we would love to hear from you.

We hope you continue to enjoy, and take care!



Source: Swiss Bakery

### **Cultural Festival**

# Oktoberfest at the Swiss Bakery

October 15, 2023, 11AM-3PM ET

The Swiss Bakery and Pastry Shop 5224 Port Royal Rd Springfield, VA 22151 Free entry

What better way to spend a weekend than by attending the Swiss Bakery's second installment of *Oktoberfest*? For those who are curious about Swiss food, get ready to indulge in a unique celebration of this world-famous German festival, which has close historical ties to Switzerland. From savory cheese to sweet chocolate truffles, and of course delicious beverages, there will be something for everyone. Come and discover the aroma of freshly baked Swiss delicacies that will transport you to the heart of a very Swiss *Oktoberfest*.

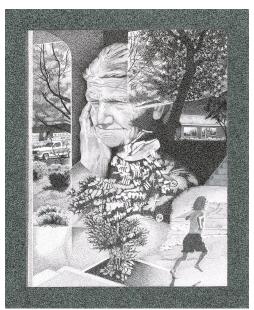
# **Awareness through Art**

# <u>Fence Project: Street Exhibition To Raise Awareness</u> <u>On Capital Punishment</u>

October 2023

Embassy of Switzerland, Embassy of France and others, Washington, D.C.

Art has a unique power to shed light on social issues, and this month, we're turning our attention to capital punishment and human dignity. To mark the World Day against the Death Penalty on October 10, our Embassy will join the French Embassy alongside other partners in each presenting a piece of artwork from a detainee on death row. You can stop by our Embassy in Woodley Park to view the artwork above and learn more about Switzerland's efforts to abolish the death penalty.



Source: "My Mother's Thoughts", Keith Loker



Source: Zurich Meets San Francisco

# Follow Along!

# Sister Cities: San Francisco and Zurich

# October 2-7, 2023 San Francisco

Did you know that San Francisco and Zurich have been Sister Cities since 2003? Our colleagues at the Consulate General of Switzerland in San Francisco are celebrating the 20th anniversary of this partnership with an amazing series of events. Even if you're not there, you can follow along for this special cultural journey. Throughout the week, San Francisco will come alive with a series of events that offer a glimpse into Swiss culture, including a street concert featuring Swiss music, a screening of the film *The Circle*, an interview with Swiss novelist Seraina Kobler, and more! This milestone anniversary shows the bond between these sister cities and invites you to explore the rich tapestry of Swiss talents in the heart of San Francisco. If you happen to be in the City by the Bay this week, you can check the full program on our <u>SWISS IMPACT website</u>. If not, you can still enjoy the celebration by following along on our social media channels.

#### Cuisine

# Swiss Army Pot-Au-Feu

Adapted from Beyond Muesli and Fondue, the Swiss Contribution to Culinary History, by Martin Dahinden

Stews are not only hearty and delicious, but also rather simple to prepare. For generations, Swiss soldiers have developed their own connection with the traditional *pot-au-feu*. To many, the smell of this dish brings back memories of experiences in nature and camaraderie. This is an original recipe used by the Swiss military and families throughout Switzerland, and it has not changed much over the last century. Enjoy it with a Swiss wine of your choice, and it makes for the perfect dish for the fall season!



Source: Food&Wine

### For 4 servings, you will need:

beef stock

4	cloves
1	bay leaf
1 ½ lb	beef stew
1	large onion, coarsely chopped
5	medium carrots, coarsely chopped
1	medium celery root, coarsely chopped
3	celery stalks, coarsely chopped
1	small head Savoy cabbage, coarsely chopped
1	leeks, sliced
1 ½ lb	potatoes, diced
½ cup	parsley, finely chopped
Salt and pepper to taste	

#### Directions:

5 cups

- 1. Bring the beef stock and spices to a boil.
- 2. Add the beef and simmer on low for an hour. Skim the fat off.
- 3. Add the vegetables and simmer until just soft.
- 4. Season with salt and pepper to taste and garnish with parsley.

Enjoy with a Swiss wine! We would love to see your culinary masterpieces: take a picture, post it on your social media, and don't forget to tag us!



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